



Case Management Teams: Early Intervention for At-Risk Students

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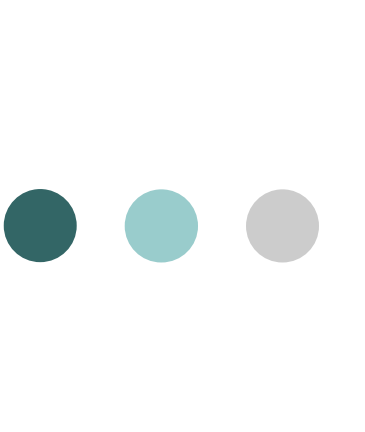


Agenda

- Mental health and suicide as public health problems requiring a comprehensive approach
- Case management committees as one element of this approach



Public Health Approach



*“Health care is vital for all of us
some of the time, but public
health is vital to all of us all of
the time.”*

- C. Everett Koop



Public Health Principles

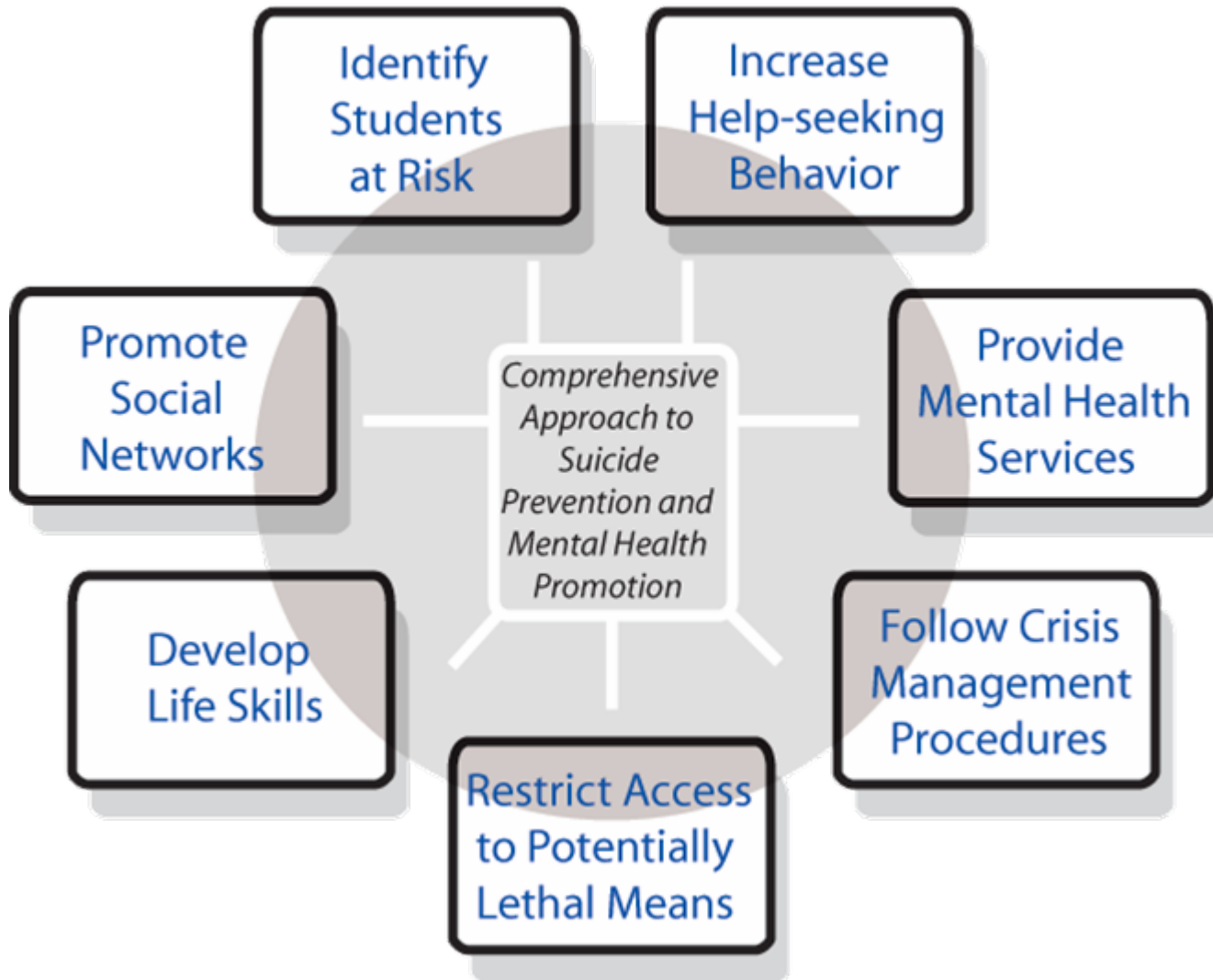
- Effective prevention is
 - *Strategic*
 - *Planned*
 - *Comprehensive*



Levels of Prevention

- Mental health promotion
- **Early recognition and intervention**
- Treatment
- Postvention

TJF/EDC Comprehensive Approach





Case Management Teams



How many of you
have one?



Research Summary

- Questions:

- Are campuses using case management teams?
- If yes, how do they operate? What are the challenges?
- If not, why not?



Methodology

- Literature review
- Pre-survey interviews
- On-line survey - 65 IHEs
 - 38.5% response rate
- Telephone interviews
 - 4 IHEs randomly selected



Survey Questions: Yes

- Why was it formed?
- How often does it meet?
- Who is on the committee?
- What kind of problems trigger review?
- How are referrals made?
- Are notes taken?
- What are the challenges?



Survey Questions: No

- Why not?
 - Not aware of approach?
 - Lack of cooperation among departments?
 - Lack of personnel capacity?
 - FERPA or HIPAA prohibits?
 - Legal counsel advised against it?
- Has campus considered using a case management team?
 - Yes, may be useful
 - No, not needed
 - Need more information



Results

- 50% reported having case management committees
 - Rationale
 - Membership
 - Coordination
 - Triggers
 - Established procedures



Challenges

- Lack of knowledge about student behaviors
- Misunderstandings about FERPA and HIPAA
- Lack of mechanisms to get information to the team
- Concerns about professional confidentiality
- Reluctance to share information



Results

- Of those without teams:
 - 50% -- small campus, don't need one
 - 10% -- unaware of the approach
 - 20% -- lack personnel capacity
 - 30% -- believe approach may be useful
 - 50% -- need more information



Recommendations



Recommendations

- Establish a central team
- Ensure team visibility
- Establish information-sharing system
- Ensure follow-up



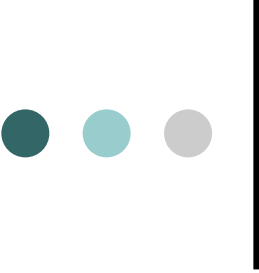
Establish Central Team

- Formal
- Include key departments:
 - Student affairs, counseling services, health services, housing/res life, academic affairs, judicial affairs, and campus safety/police
- Designate coordinating department/person
- Meet regularly



Ensure Visibility

- Visible
- Emphasize caring role
 - Clarify misperceptions
- Link to academic success and campus safety



Establish System for Information-Sharing

- Formalize protocols and structures
- Educate the community
 - Who tells what to whom?
 - Then what happens?
- Remove perceived and real barriers
 - FERPA misperceptions
 - HIPAA misperceptions



Ensure Follow-Up

- Keep meeting notes
- Designate a “case manager”
- Establish and adhere to re-entry plan
 - Develop necessary relationships with outside providers
 - Case management team review



Final Thoughts and Questions



If you are in crisis, call the National Suicide Prevention Lifeline at 1-800-273-TALK [Read more](#)

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Weekly Spark
Sign up to receive news and announcements from SPRC.

This Month Don't Miss...

Youth Resources Bibliography Now Available Online
SPRC has compiled an annotated [bibliography](#) of resources about youth suicide prevention and mental health promotion. The list is organized by the following sections: youth-general, college, juvenile justice, resources for youth, research and data.

What Co-Workers Can Do to Prevent Suicide.
Part of SPRC's Customized Information Series, this [web resource](#), also available as a PDF document, describes how people can recognize and respond to signs of suicide among their colleagues at work. The resource includes links to additional relevant websites, publications and organizations.

Newest issue of Advancing Suicide Prevention now available
This January 2006 issue focuses on youth suicide and includes:

- a message from Charles G. Curie at SAMHSA about new data on suicidal ideation in youth,
- a feature on barriers to treatment of suicidal youth,
- an interview with researcher DeQuincy Lezine who is a multiple suicide attempt survivor,
- and a special report on the rise in suicide deaths in the hurricane-ravaged Gulf Coast.

[Download](#) the issue now.

SAMHSA Suicide Prevention Grantee Conference Materials: SAMHSA Suicide Prevention Grantee Conference Materials: View the [agenda](#) and presentations given at the Dec. 13-15 orientation meeting for SAMHSA's 44 new suicide prevention grantees.

New Guide for Working with the Media Available from SPRC and SPAN USA
The "[Guide to Engaging the Media in Suicide Prevention](#)" is a 44-page guide that teaches you how to serve as an effective media spokesperson and how to generate media coverage to create awareness of suicide prevention. The publication describes how to use television, radio, and print media and provides examples of press releases, media advisories, pitch letters, op-eds and more. It also gives tips for identifying appropriate media outlets, creating up-to-date media lists, and tracking your results.

SAMHSA Awards States, Campuses and SPRC Suicide Prevention Grants
The Substance Abuse and Mental Health Services Administration (SAMHSA) announced 37 grants with a first year total of \$9.7 million to support national suicide prevention efforts. [Read more.](#)

More of "[This Month Don't Miss](#)"....

News Highlights

Subscribe to the [Weekly Spark](#), our weekly Enewsletter. Click [here](#) to read more of this week's news.

National:
[Mississippi, Arkansas, Indiana, Maryland, New Jersey, Utah receive over \\$22 million for Hurricane Katrina crisis counseling assistance](#)

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▶ EFFECTIVE PREVENTION

▶ ALCOHOL

▶ OTHER DRUGS

▶ VIOLENCE

▶ MENTAL HEALTH

▶ AUDIENCES

KEY PROCESSES

Statewide Initiatives

Strategic Planning

Evaluation

Securing Resources

Key Resources

- ▶ News Links
- ▶ NIAAA College Drinking Report
- ▶ IOM Underage Drinking Report

WELCOME to CampusHealthandSafety.org

...a resource to build safe and healthy campus and community environments

CampusHealthandSafety.org is an online resource for higher education administrators, students, parents, and other professionals who are seeking information about creating healthier and safer living and learning environments for college and university students, both on campus and in the surrounding community. This Web site emphasizes a comprehensive public health-based approach to addressing alcohol and other drug use and violence and in promoting mental health wellness among students.

On this site, you will find an overview of this approach, termed environmental management, and how it may be applied to alcohol and other drug prevention, violence prevention, and mental health promotion on campus. This site also presents the latest data on the scope of these problems, information on how students and campuses are affected by them, and examples of prevention approaches that professionals and concerned citizens can implement on their own campuses and neighboring communities.

CampusHealthandSafety.org is created by the [Center for College Health and](#)

Featured Highlights

College Alcohol Problems Exceed Previous Estimates

New data: The harm caused by alcohol consumption among college students may exceed previous estimates of the problem. Researchers report that unintentional fatal injuries related to alcohol increased from about 1,500 in 1998 to more than 1,700 in 2001 among U.S. college students aged 18-24.

[more](#) ▶▶

Announcements

Call for Presentations:

SEARCH THIS SITE







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