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**Book Review: Stress, Coping, and Development: An Integrative Perspective, 2nd ed., by C. M. Aldwin.
New York: Guilford, 2007**

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Book Reviews

Stress, Coping, and Development: An Integrative Perspective, 2nd ed., by C. M. Aldwin. New York: Guilford, 2007.

This book examines “the nature of psychosocial stress, strategies individuals use to cope with it, and the implications for adaptation and health across the lifespan.” The 16 chapters begin with introducing stress and stress research and then discuss coping. Chapters focused on specific interests are chapter 10, “Coping and Mental Health,” chapter 11, “Coping and Physical Health,” chapter 12, “Coping With Traumatic Stress,” chapter 13, “Sociocultural Aspects of Coping,” and chapter 14, “Developmental Studies of Coping.”

Tragic Redemption: Healing the Guilt and Shame, by H. Johnson. Austin, TX: LangMarc Publishing, 2007.

This work is a personal account of how God helped the author work through the shame and guilt of killing a car passenger. Fifteen chapters describe the author’s “downward spiral” (p. 12) and eventual redemption. Dr. Stephen Seamands provides the foreword.

Spiritually Integrated Psychotherapy: Understanding and Addressing the Sacred, by K. I. Pargament. New York: Guilford, 2007.

This four-part “volume is grounded in current findings from psychotherapy research and the psychology of religion,” and is “filled with fresh, practical ideas that can be woven into any form of psychotherapy.” Part I consists of one chapter: “A Rationale for a Spiritually Integrated Psychotherapy.” Part II, “Understanding the Sacred,” comprises seven chapters. Part III, “Addressing the Sacred,” has seven chapters. Part IV consists of one chapter: “Steps Toward a More Spiritually Integrated Psychotherapy.”

Secondary Traumatic Stress and the Child Welfare Professional, by J. G. Pryce, K. K. Shackelford, and D. H. Pryce. Chicago: Lyceum Books, 2007.

This book describes secondary traumatic stress in child welfare work, provides tools that help those entering child welfare work identify practical interventions to cope with secondary traumatic stress, and suggests how educators can help prevent dropout later. The book has seven chapters. There is an online manual available.

Traumatic Incident Reduction and Critical Incident Stress Management: A Synergistic Approach, edited by V. R. Volkman. Ann Arbor, MI: Loving Healing Press, 2006.

This is the first book in the traumatic incident reduction (TIR) application series (series editor: Robert Rich). This particular book has six chapters. Four chapters deal specifically with TIR and critical incident stress management (CISM) and critical incident stress debriefing (CISD). Chapter 5, “CISM, TIR, and Workplace Crime,” and chapter 6, “Traumatology on the Front Lines,” are of special interest. Appendix A is a question and answer section for practitioners about TIR. Appendix B includes the basic concepts of CISM. Appendix C has rules for facilitation.

Children and Traumatic Incident Reduction: Creative and Cognitive Approaches, edited by M. K. Volkman. Ann Arbor, MI: Loving Health Press, 2007.

This is the second book in the TIR application series (series editor: Robert Rich). This particular book has three parts. Part I, “Tools and Techniques,” consists of seven chapters. Part II, “Results,” provides six chapters of detailed case studies, discussions with professionals, anecdotes, and practice evaluation results. Part III, “Background and Theory,” has two chapters.

Appendices provide memory lists for children, information on training in TIR, and a reading list.

Received for Review Consideration

Choosing to Heal: Using Reality Therapy in the Treatment of Sexually Abused Children, by L. Ellsworth.

Courage After Fire: Coping Strategies for Troops Returning From Iraq and Afghanistan and Their Families, by K. Armstrong, S. Best, and P. Domenici.

Psychological Knowledge in Court: PTSD, Pain, and TBI, edited by G. Young, A. W. Kane, and K. Nicholson.

Causality of Psychological Injury: Presenting Evidence in Court, edited by G. Young, A. W. Kane, and K. Nicholson.

The Trauma Spectrum: Hidden Wounds and Human Resiliency, by R. Scaer.

Violent Death: Resilience and Intervention Beyond the Crisis, edited by E. K. Rynearson.

Resiliency After Violent Death, DVD distributed by Gift from Within.

Surviving Domestic Violence, DVD distributed by Gift from Within.

Explaining PTSD Is Part of Treating PTSD, DVD distributed by Gift from Within.

Workplace Disaster Preparedness, Response, and Management, edited by R. P. Maiden, R. Paul, and C. Thompson.

Strengthening Family Resilience, 2nd ed., by F. Walsh.

Collaborative Treatment of Traumatized Children and Teens: The Trauma Systems Therapy Approach, by G. N. Saxe, B. H. Ellis, and J. B. Kaplow.

Combat Stress Injury Theory, Research, and Management, edited by C. R. Figley and W. P. Nash.

Finding My Way: A Teen's Guide to Living With a Parent Who Has Experienced Trauma, by M. D. Sherman and D. M. Sherman.

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